

Abstract of the Disclosure:

A therapeutic composition for treating diabetes includes mixing of the following ingredients:

- a) a protein-containing material selected from the group consisting of:  
**B** Mori Folium, soybean and dried powder of Bonito ~~or Bonito liver~~;
- b) a polysaccharide-containing material selected from the group consisting of: Lycii Fructus and Mori Folium; and
- c) a carrier selected from yeast for efficiently decreasing the blood sugar level of a diabetic patient.